

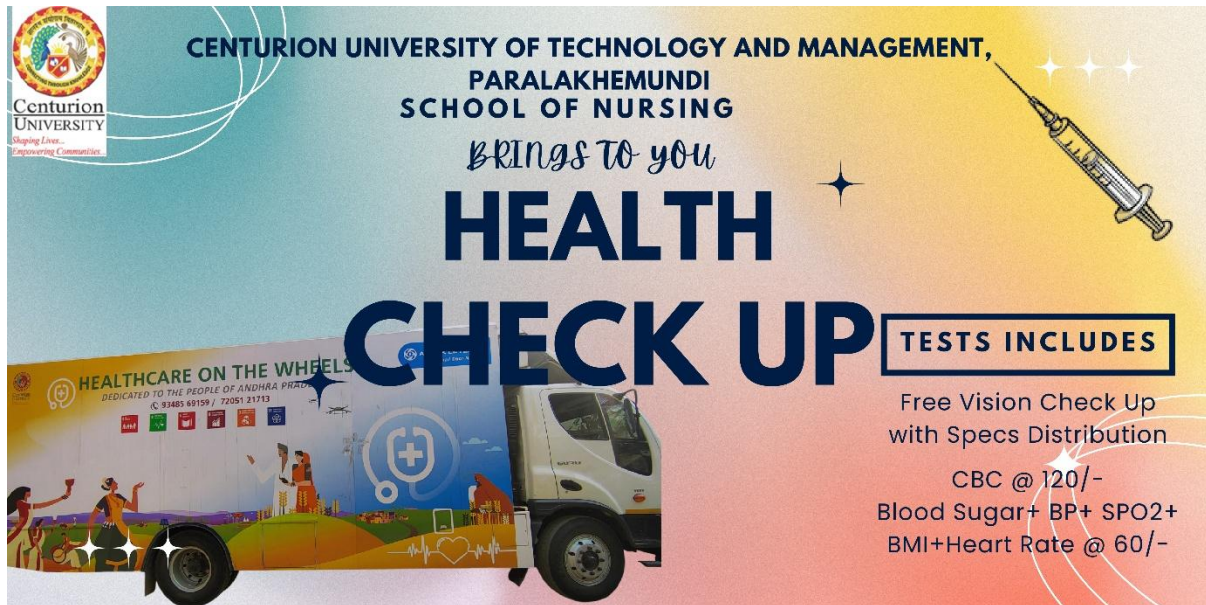


Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

Event Report: Health Checkup on The Occasion of World Breastfeeding Week 2025 at CUTM Paralakhemundi

Date: 01.08.2025 to 07.08.2025

Venue: Various Community Areas in Gajapati District (Jubarajpur, Machamara, Binhola, Puduni, Bagasala, Katalakaitha)



Banner for the event: Health Checkup on The Occasion of World Breastfeeding Week 2025 at CUTM Paralakhemundi

Event Details:

World Breastfeeding Week is globally observed from **1st to 7th August** to promote awareness about the importance of breastfeeding and its numerous health benefits. The **School of Nursing**, Centurion University of Technology and Management (CUTM), Paralakhemundi, in collaboration with the **NSS Unit**, organized a **series of community-based outreach activities** across various rural areas of Gajapati District, Odisha.

The focus of this year's theme, "**Prioritise Breastfeeding: Create Sustainable Support Systems,**" was reflected in the week-long efforts that included **health screenings, skits, demonstrations, interactive sessions, and poster presentations**, aimed at antenatal and postnatal mothers.

The initiative was further strengthened by the "**Healthcare on Wheels**" mobile health van from **CUTM Bhubaneswar Campus**, which facilitated on-site **vision screenings, vital checks, and awareness programs**.



Event Highlights by Date and Location:

1st August – Jubarajpur Village

- Skit by B.Sc. Nursing 2nd semester students on challenges of breastfeeding for working mothers
- Mini Health Fest on nutrition and postnatal exercises
- Health Screening: 13 eye checkups (8 spectacles provided), 60 beneficiaries

2nd August – Machamara Village

- Poster making & Health Fest on breastfeeding myths and hygiene
- Eye Checkups: 40 (27 spectacles distributed)

4th August – Binhola Village

- Poster presentations and model-based demonstrations
- Eye Checkups: 27 (25 spectacles distributed)

5th August – Puduni Village

- Awareness for 10 postnatal mothers with hands-on demonstration
- 33 eye checkups, 21 vital sign irregularities

6th August – Bagasala Village

- Exclusive breastfeeding and maternal nutrition sessions
- Eye Checkups: 28 (26 spectacles distributed), 4 vital sign irregularities

7th August – Katalakaitha Village

- Antenatal/postnatal mother sessions and interactive stalls
- Eye Checkups: 17 (17 spectacles distributed)

Cumulative Impact:

Activity	Total
Eye Checkups	158
Spectacles Distributed	123
Vital Signs Screened	25+
Postnatal Mothers Engaged	38
Certificates Distributed	6
Total Community Participants	230+



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Acknowledgement:

Our heartfelt gratitude goes to the entire organizing team, whose efforts made the World Breastfeeding Week 2025 celebration a resounding success.

Special thanks to the **students from CUTM Bhubaneswar Campus – Asif Anwar, Abhijeet Nayak, and Chinmay Bikash Ranjan Sahoo** – for coordinating **vision checkups** with great precision and dedication.

We acknowledge the **students of the School of Nursing, Paralakhemundi**, for their active participation in **vital checkups, skits, poster presentations, and health talks in Anganwadi centres**, who brought life and energy to each village session.

We deeply appreciate **Prof. S. N. Sandhya**, Vice Principal, School of Nursing, whose **vision and leadership** made this outreach possible.

Sincere thanks to **Ms. T. Sunita**, Nursing Tutor and Program Coordinator, for her organizational support, and to **Ms. Rasmi Jena**, Nursing Tutor, for guiding and mentoring students throughout the program.

Prof. S.N. Sandhya

Vice Principal, School of Nursing

M.Sc. Nursing (Obstetrics and Gynaecology) (Ph.D.) Candidate Centurion University of Technology and Management

Principal
School of Nursing, Paralakhemundi
Centurion University



Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

Photographs of the Event





**Centurion
UNIVERSITY**

Shaping Lives...
Empowering Communities...





Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...





**Centurion
UNIVERSITY**
*Shaping Lives...
Empowering Communities...*





Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*





Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





**Centurion
UNIVERSITY**

Shaping Lives...
Empowering Communities...





Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*





Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion UNIVERSITY
Shaping Lives...
Empowering Communities...





Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Participation List

Sl. No.	Name	Age	Gender	Phone No.	Mobile No.	Address
01	Basant pradhan	70	F	738672878025	10011810839	9861919489
2	Indumati pradhan	37	F	448070383472		8456096445
3	kumari Sahu	57	F	642853917014	10011810883	8018711688
4	Gayatri Biswal	45	F	697604090729	10011810882	8964902988
5	Jayanti pradhan	41	F	462330956516	10011810884	9668337374
6	Sasmita Routo	39	F	483692785032		9439985311
7	kouru Manjula	45	F	426757135297		6372083506
8	kanchana Devi pradhan	62	F	973993014405	10011810883	8117027714
9	krishna palak	51	F	514926959121		9668401389
10	Hemant kumar Nayak	39	M	716891051565		9556678459
11	kouru Achhiamma	70	F	693357204674	10011810822	6372083506
12	Arijun Behera	58	M	410408872061	10011810988	9100740687
13	Annapurna Behera	62	F	323833470279	10011810988	9100740687



Date - 02/08/2025

Machmaru, Paralakumundi

Sl	Name	Age	Adhar no.	Paseo no.	Phone no.
(1)	Tamrapalli Durupahara	59 (M)	354475595880		
(2)	Yanadi Apparao	55 (M)	4162 033 52525	10011510293	
(3)	Tanada manikamma	71 (F)	217 938262377		
(4)	Kowru Sabatri	75 (F)	892836542171		
(5)	Killi Yaroda	77 (F)	8 48873294450		7661885997
(6)	Enkala Shridhar	63 (M)	462886564412		
(7)	Isai Amari	61 (F)	408442300807		
(8)	Tirangi Bhaskar Rao	68 (M)	843368920890		
(9)	Konari Laxmidevi	58 (F)	766321522965		
(10)	Hanumanth sesamma	73 (F)	537586642042		
(11)	Busakala Janakamma	60 (F)	744 8118424332		
(12)	Maadla kalavati	54 (F)	355075274404		
(13)	Kancharam Nilakantha	70 (M)	450335739700		
(14)	Singapuram kumar	50 (F)	370592281306		
(15)	Mohan Tulaku	78 (M)	586698064162		
(16)	Ganiga Gopamma	65 (F)	735592271860		
(17)	Tirilangi Parvati	55 (F)	910509872530		
(18)	Kali Kamalamma	51 (F)	663150544662		
(19)	Boddu Narayamma	71 (F)	551196020986		
(20)	Yanadi chinnami	69 (F)	875320437194		
(21)	Sarapala Malina	75 (F)	639071436889		
(22)	Nityananda Muni	57 (M)	607919975319		
(23)	Bammali Tarakamma	69 (F)	819253362458		
(24)	Ganisetti Dileswari	45 (F)	849123877377		
(25)	Godi Savitri	65 (F)	221229381968		
(26)	Bagati laxmamma	75 (F)	531056850185		
(27)	Taminana Simhachalam	55 (M)	445192636937		
(28)	Kolli Tejessar Rao	58 (M)	391921686125		
(29)	Tiralingi Tunga Rao	61 (M)	758667521337		
(30)	Palli Ganapati	59 (M)	966970678956		
(31)	Tanni Mohan Rao	75 (M)	927594535160		
(32)	Micapabelli kumarao	63 (M)	927102444257		
(33)	Ganisetti Susila	55 (F)	735691153583		
(34)	Sarapala Sarojari	65 (F)	284778928031		
(35)	Alyara Govindamma	45 (F)	866983573216		8018466401
(36)	H Hemalata	45 (F)	958594634387		9178654603
(37)	Vadukula Meenakshi	34 (F)	502178317695		
(38)	Telakala Aparna	(M)	412857806576		



SN	Name of the patient	Age	Adhar NO	Ration No	Phone No.
39	Cranech Bohua	85(M)	839194374714		
40	Bachhala Kanala	41(F)	629188567677		
<u>04/08/25</u>					
1	Keshab Pradhan	78/M	824763320761		6370378527
2	Kamala Pradhan	86/F	919422394197		6370378527
3	Madana Pradhan	52/F	632244510615		9337233798
4	Ramchandra Pradhan	63/M	208174633514		7077453370
5	Kumudini Pradhan	55/F	406502621901		8280440706
6	Brundabati Biswal	56/F	813666106485		7606853854
7	Saraswati Biswal	56/F	973013889051		6117772265
8	Radha Barad	60/F	691984677399		
9	Maluni Biswal	61/F	852989710088		9439658978
10	Kamala Boudik	50/F	204634894358		7077632416
11	Sorajini Pal	56/M	583665646451		
12	Raghunath Pradhan	61/F	420487114822		9437863028
13	Hema Pradhan	58/M	684673125196		9652682957
14	Banamali Pradhan	66/F	269349073441		9652682957
15	Chanchala Pradhan	33/F	628750643934		9668255838
16	Pudhika Pradhan	57/F	354087715217		7682007575
17	Geranta narbemma	66/F	430518167626		
18	Ratha Pradhan	69/F	208451279262		
19	Basanti Patnaik	51/F	442481270861		
20	Saraswati Pradhan	49/F	793542345483		7847886083
21	Madu Pradhan	51/F	992814811265		7605984878
22	Ratha Barado	58/F	519716760715		
23	Jashada Jena	52/F	956606980127		814337661
24	Priganka Dash	20/F	574776355877		8847892878
25	Bijayalaxmi Patnaik	54/F	299559347285		799014906
26	Madupili Mahalaxmi	65/F	807270637885		
27	Madupili	66/M	664177594973		



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Date - 05/08/2025

PUDUMI

S.No	Name	Age	Adhaar No.	Ration No	Phone No.
1.	Basanam manmath Rao	45(M)	321127504431		
2.	allada kamalamma	50(F)	683894469824		(+1.00)
3.	Basanama Chinnalu	90(F)	570597279233		
4.	Basanti mahanti	55(F)	490256288155	370634	8260155181
5.	Baddiki Bhim Rao	60(M)	979722869435		
6.	Pirakatala kanakamma	65(F)	323651653868	1001110509	8249797483 (+2.50)
7.	Kota Jayama	53(F)	246923455042		9559745299 (+2.50)
8.	Padmabati mahanti	45(F)	253762109701		
9.	Korasanda jakasamma	46(F)	255105397544		(+1.50)
10.	Pswari mohanty	63(F)	211864587690		7325833148
11.	Nousincha mohanty	80(M)	589799985969		7325833148 (+2.50)
12.	Bodlanki Ganesh	62(M)	727540623642		7205325997 (+2.50)
13.	Bedila Satyanu	70(M)	647058601061	1001110556	6371802983
14.	Bedila vangoji	81(M)	259083405393		9040844454
15.	Baddiki Bhim Rao	71(M)	979722869435	1001110509	
16.	allada Malama	75(F)	813335998731	1001110576	7735545227 (+2.50)
17.	allada Chulukamma	65(F)	966228218205	1001110525	7564144744 (+2.50)
18.	Rinna mahanti	38(F)	913994067182		6304875714 (+2.50)
19.	Banju Behera	55(F)	76737681806	1001110626	9948377877 (+2.50)
20.	Kharasanda ramanna	75(M)	614780831919	1001112031	9777356722 (+2.50)
21.	Tekali Tulasiama	63(F)	934794043125		8074091022
22.	Boddankikumari	50(M)	662816681390	1001110498	8179807390 (+2.00)
23.	Kota Jayama	53(F)	246923455042		9559745299 (+2.50)
24.	Naka jagaya	75(M)	891659414406		7853890993 (+2.50)
25.	Chinninti janakamma	65(F)	923070408216	1001110498	9438423474 (+2.50)
26.	Harikrasna Behera	43(M)	976203420978	1001110539	9040279992 (+1.00)
27.	Gopamma mohanty	40(F)	609681214829		6371836309 (+2.50)
28.	Sruti mohanty	17(F)	377766876388		8144246229
29.	Jamana Parvati	39(F)	576904598874	1001110567	8895660571 (+2.50)
30.	Bejaya Mahanti	51(M)	942078006132	1001110665	9861769573 (+2.50)
31.	Jainavalasa Serrajini	47(F)	751884975918		968375014 (+1.50)
32.	Tekkali Sunit	32(F)	699684264934		6370365266 (+1.50)
33.	Gundu AK(Thi) Kumar	19(M)	756220195082		7847871339



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Date: 06.08.2025

Bagha Saira

S.No.	Name	Age	Ashra no	Pasan no	Phone No.
01.	Kalamati Kantamma	76/F	3202 77159228	1001041128	
02.	Arthakala Saradamma	79/F	519862503105	1001041079	
03.	Rasila handeswar Rao	60/M	388595624996		9939646616
04.	Narayani Biswal	65/M	570688995288	1001041151	9437771905
05.	Radhamma Kalyani	70/F			
06.	Suryanaraya Pradhan	56/M	500859747617	1001041150	8
07.	Laxmidevi Pradhan	63/M	664967686488		8018889920
08.	Harikrishna Biswal	60/M	482057251470		8124060187
09.	Narmada Biswal	58/F	714532150183	1001047118	
10.	Kanchan Biswal	50/F	724386112170	1001041103	8658852758
11.	Vadavalasa Janakamma	57/F	835410086304	1001041135	8018889920
12.	Chakrapani Pradhan	65/M	788721806276	10010411018	9700590099
13.	Basanta Basakla	43/F	556028557354		9502489353
14.	Savitri jena	63/F	812391042961		7205406760
15.	Rakha Khandal	77/F	571971622819		
16.	Bhabani Pati	13/F	351442792485		
17.	Sipani Rama Rao	75/M	733110520536		9124455979
18.	Soudamani Pati	38/F	305087944196		8135477055
19.	Yerukola Venkateswara	63/M	938197983254		9124455979
20.	Dattajari Biswal	77/M	637719244950		9668255812
21.	Kanku Behara	92/M	663141145341		8895719753
22.	Lakshmi Das	46/F	241033628244		4847827315
23.	Gatta Hemalata	42/F	797300685312		9556594880
24.	Arjun Biswal	67/M	988485185854		7848823038
25.	Mrida Biswal	66/F	926048870655		7205704441
26.	Rajendra Kumar Pradhan	40/M	99586924962		7205704441



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

Date - 07.08.25

Katalakuviti

S.No	Name	Age/Sex	adhar no	Rasan no:-	Phone no
1.	Balakrushna Mahasom	54/M	592453113739		9861370291
2.	Basanti Mishra	57/F	971867440313		9655931486
3.	Niranjana Pradhan	47/M	934631185768	10011110790	7859930294
4.	Hara Apata	70/F	307511928206		
5.	Damayanti Samal	51/F	699978990356		
6.	Sashirokha Pradhan	70/F	975516877763		9439344666
7.	Puppalata Pradhan	60/F	534577458499		9655811376
8.	N. Sindhachalam	61/M	753452775939		9437333120
9.	Jagannath Panda	75/M	714686673221		9777105957
10.	Padma Pawida	60/F	815919289661		9861637702
11.	Bhagaban Swain	54/M	67775370829		9692488239
12.	Savarigapu Chittibabu	50/M	795160980829		
13.	Gajoli Simanchalam	63/M	933738985358		944155179
14.	Mamidi Krishnappa	50/M	840727219926		9437333120
15.	Mahalaxmi Panda	65/F	527076879969		9861637702
16.	Bhabani Swain	60/F	440428981880		9337658558
17.	Nukundapuram	65/F	653911587499		9337655558
18.	Mukundapuram Sundaram	74/M	720455402225		
19.	Alyana Seshiwarana Alinayana	70/F	263691879330		
20.	Alyana Chulanaya	75/M	677147096949		
21.	Savarigapu Appamma	65/M	717152601659		
22.	Anandhi Kumar	47/M	756220195082		941871339
23.	Ananda Choudhary	60/M	35155138851		9502687946